

LIVING NOW GROUP FORMAT

- Are There Any TAC Announcement?

Welcome to The Living Now Group. My name is ____ and I'm an alcoholic. We are glad you are all here, especially newcomers. We are a literature-based group with both open and closed meetings, and today's meeting is a *Closed/Open* meeting. Friday at noon and Saturday at 6:00pm are the only open meetings.

- **Please help me begin this meeting with a moment of silence followed by the Serenity Prayer.**

FOR CLOSED MEETINGS: This is a closed meeting of Alcoholics Anonymous. In support of A.A.'s singleness of purpose, attendance at closed meetings is limited to persons who have a desire to stop drinking. If you think you have a problem with alcohol, you are welcome to attend this meeting. We ask that when discussing our problems, we confine ourselves to those problems as they relate to alcoholism.

FOR OPEN MEETINGS: This is an open meeting of Alcoholics Anonymous. In keeping with our singleness of purpose and our Third Tradition which states that "The only requirement for A.A. membership is a desire to stop drinking," we ask that all who participate confine their discussion to their problems with alcohol.

PREAMBLE

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

1. We have a volunteer to read *How It Works*.
2. We have a volunteer to read *The Twelve Traditions*.
3. Are there any AA announcements? There are also AA related announcements on the bulletin boards in the break room.
4. Would everyone please silence your phones?
5. Are there any visitors from out of town or other groups?
6. Is there anyone here for their first AA meeting or in their first 30 days of sobriety? We ask this not to embarrass you, but so we can get to know you.
7. Is anyone available to be a sponsor? Please raise your hand.
8. In keeping with the 7th Tradition, we are passing the **basket**, as well as the **clipboard** with the **calendar**. We are self-supporting, declining outside contributions. Chairperson is responsible for counting and depositing basket funds in the safe. Also, if you have some change, there is a can up front for literature for those in prison. Can is on the podium to the left.

last update: 10/24/22

- You can sign up to chair this meeting on the clipboard and calendar if you have at least 3 months of sobriety.
- You can sign up to make this your home group and the clipboard with your name and sobriety date and email address if you would like to receive correspondence from the Living Now Group. Also refer to our website for group information:
www.livingnowgroup.wordpress.com
- And lastly, to celebrate with us at our Anniversary meeting at 6:00 p.m. on the last Saturday of the month, sign up on the clipboard. There will be a cake, and you will receive a medallion for your years of sobriety.

PLEASE LIMIT ALL SHARING TO THREE MINUTES. IF YOU RUN OVER THREE MINUTES THE CHAIRPERSON MAY ASK YOU TO FINISH YOUR SHARING TO ALLOW OTHERS AN OPPORTUNITY.

Today's literature is:

Monday:	As Bill Sees It
Tuesday:	Grapevine
Wednesday:	12 Steps & 12 Traditions
Thursday:	Big Book chairperson's choice of reading
Friday:	Open Speaker – Steps One, Two, and Three invite newcomers to share after speaker is done
Saturday 8:00am:	12 Steps & 12 Traditions
Saturday 6:00pm:	Open Continuous Big Book Study see calendar for starting page

Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

There is literature for sale, and free literature and meeting schedules in the rack. We have a Grapevine lending library in a box at the front of the room. Feel free to borrow Grapevine magazines to read, and then return them when you're done so others can read them, too.

Please clean up the wreckage of your presence. May I see a show of hands to help clean up?

As a reminder, if you would like to donate for literature in prisons, there is a can for those donations up front.

Do we have a volunteer to give out chips?

Let's close with the Third Step Prayer.